



Sex and Relationship Education Policy

Key points and summary

1. The Government requires (Education Act 1996 and language and Skills Act 2000) that all maintained secondary schools must provide Sex and Relationships Education including education about HIV and AIDS and other Sexually Transmitted Diseases for all registered pupils. As an academy, we continue to teach this vital information to our learners.
2. This policy aims to:
 - Give guidance to parents regarding the subjects covered in school
 - Clarify the philosophy adopted by the school
 - The areas covered in classes and parents' rights and responsibilities
3. The emphasis of this policy is to ensure people are aware of their responsibilities. The policy is part of the Safeguarding and Health & Safety suite of policies.

Approved by Governors Curriculum Committee: 6th February 2019

Review date: Autumn 2019

Responsible for review: Jonathan Buchanan

Published on website: yes

What is sex and relationship education?

The objective of sex and relationship education is to help and support young people through their lifelong learning about physical, moral and emotional development. It is about understanding the significance of stable and loving relationships, including marriage, for family life and bringing up children, and the importance of respect, love and care in strong and mutually supportive relationships. Sex and relationship education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and of society and preparing pupils for the opportunities, responsibilities and experiences of adult life. It should teach young people to understand human sexuality and to respect themselves and others in making responsible and well informed decisions about their lives.

Sex and Relationship Elements

Learners will be taught:

- **Attitudes and Values**
 - Learning the importance of values and individual conscience and moral considerations;
 - Learning the value of respect, love and care;
 - Exploring, considering and understanding moral dilemmas;
 - Developing critical thinking as part of decision making
- **Personal and Social Skills**
 - Learning to manage emotions and relationships confidently and sensitively;
 - Developing self-respect and empathy for others;
 - Learning to make choices based on an understanding of difference and with an absence of prejudice;
 - Learning how to recognise and avoid exploitation and abuse
- **Knowledge and understanding**
 - Learning and understanding physical development at appropriate stages;
 - Female Genital Mutilation;
 - Understanding human sexuality, reproduction, sexual health, emotions and relationships;
 - Learning about contraception and the range of local and national sexual health advice, contraception and support services;
 - Learning the reasons for delaying sexual activity, and the benefits to be gained from such delay;
 - The avoidance of unplanned pregnancy.

How SRE is provided and by whom

At Harrow High School, aspects of SRE will be delivered during SMSC time (KS3) by the SMSC teacher, RS Lessons (KS4) or invited visitors and health professionals from outside agencies. This is in addition to Biology lessons where learners will learn about reproduction and aspects of sexual health.

Key Stage 3

SRE will be delivered with the support of Brook Sexual Health Charity staff focussing on sex and relationships including contraception.

Key Stage 4

SRE will be delivered with the support of Brook Sexual Health Charity staff focussing on sexually transmitted diseases, parenthood and abortion.

Key Stage 5

All Sixth Formers have Personal Development lessons on Consent, FGM, and managing Relationships. They will also have an assembly delivered by Brook Sexual Health Charity who outline access to services in Harrow.

Year 12 attend a morning of workshops in the Summer Term, delivered by Brook, which will go over Contraception, STI's and access to Sexual Health services in Harrow.

All invited visitors who are delivering SRE to individual classes will have undergone a CRB checking process, and are asked to provide a detailed lesson plan prior to delivery.

Withdrawing learners from the SRE programme

Parents/ carers have the right to withdraw their son or daughter from all or part of any sex and relationships education programme but not the biological aspects of human growth and reproduction that is part of the National Curriculum Science. As our SRE courses emphasise aspects of sex education within a framework of personal development, we hope that parents and carers realise the benefits to be gained by learners from this course and not request withdrawal without discussing it with the school.

National Curriculum Science

Through the National programme of study learners will be taught about:

Key Stage 3

The human reproductive cycle including the menstrual cycle, adolescence, fertilisation and fetal development; conception, growth, development, behavior and how health can be affected by diet, drugs and disease.

Key Stage 4

The way in which hormonal control occurs, including the effects of sex hormones; some medical uses of hormones, including the control and promotion of fertility; the defence mechanisms of the body; how sex is determined in humans.

Key Stage 5

Learners are given advice and information on clinics.
Provision by an independent health professional regarding Sex education and relationships.

Further help

Learners who have a need for further and personal help are made aware of assistance available outside of school as well as within. Learners can see displays around the school and in the welfare room.

Equal Opportunities

This policy applies to all learners, without discrimination, under the terms of the School's Equal Opportunities Policy Statement.